# SCHOOL FAMILY NEWSLETTER

# CAO HEAD START/EARLY HEAD START

SEPTEMBER 2023

#### FROM THE DIRECTOR

We are looking forward to a great school year with your family and your child! Our goal is that we build a relationship with you, your family, and your child that lasts beyond your child's years at Head Start and Early Head Start.

Your child's teacher will be conducting an orientation with you. During that orientation they will share information through our Parent Handbook, our Resource Manual, and procedures we will follow during the school year. Read those documents including our Philosophy of

Education. It is the framework for our lesson plans and activities that will prepare your child to be a life-long learner. You are your child's first teacher, and we are your partner!

We have an open-door policy. Parents are always welcomed in our centers. We also have many opportunities for parent input including Parent Clubs and Policy Council! Our first Parent Clubs will take place in September. Your teacher will be sharing the date and time.

Remember we are a part of Community Action Organization of Scioto County. Our agency offers many services to families and individuals. From energy services to employment services, we will be working with your family to connect you with the services you need. Your Family Service Advocate can help!

I am looking forward to meeting each of you and thank you for trusting us with your family and your child.
In gratitude, Sarah Sloan
HeadStart /Early Head Start Director 740-354-3333 x223
ssloan@caosciotocounty.org

#### **UPCOMMING EVENTS**

Sept.4th- No School- Labor Day

Sept. 28th -No School- Staff In-service

Sept.28th- Fall Festival at Highland 5:30pm-7:00



Steve Sturgill- CAO Executive Director Carla Womack- Parent Family Community Engagement Manager Sarah Sloan- Head Start/ EHS Director

#### **NEWLETTER INFO**

Welcome!

Each month you will receive a newsletter. The newsletter helps you stay up to date with events going on. Take a moment and look through it.



#### **FALL FESTIVAL**

Fall Festival fun for the whole family. Enjoy Dinner, Kid activities more



Check out our Facebook page: Community Action Scioto County Head Start/

Early Head Start.

www.caosciotocounty.org



### PROJECT R.E.A.D

You will be hearing a lot about Project R.E.A.D throughout this year. Project R.E.A.D is a program deigned to encourage parents to spend quality time with their children by reading to them. Our goals are to encourage parents to read age appropriate books, discuss the story at the child's age level, to build the child's library and most of all HAVE Fun. There is a form included in this newsletter for you to keep track of the books you read.



**FIT FAMILIES** 



Fit Families is about a healthier lifestyle for our families. Head Start and Early Head Start are focused on Wellness wellness for all. We strive to promote wellness daily with our children. We would like to partner with you in accomplishing this goal at home. We will also be holding wellness workshops. Please see your monthly newsletter for dates and times.

Please list any movement or nutrition activities that your family does at home and turn it in with the Project Read Form at the end of the month. Your family will be entered into the Fit Families drawing held every other month. Activities may include (Walking, vacuuming, dancing or healthy cooking together, anything that promotes your family wellness).

# **POLICY COUNCIL**

Inviting you to sign up Policy Council: Policy Council is a very important part of Head Start/ Early Head Start. Members serve as our link between staff and parents. Members approve and submit to the Governing Board and decisions about our budget and other policies. Each classroom will pick a rep and alternate at your classrooms Parent Club Meeting. Call Carla 740-354-3333 Ext.239 or Katie 740-354-3333 Ext.240 for more information.





#### **BUS SAFETY**

Once again our school year is in progress and as your child's driver; I would like to remind you of some very important safety rules.

Please have your child dressed and ready before the bus is due to arrive. Please walk your child to and from the bus. Do not allow your child to walk to the bus alone.

Please keep all children back at least 10 feet when waiting to board the bus. Ten feet back is out of the "Danger Zone". Do not allow any other children or pets to get on the bus.

If you send someone to get your child off the bus, this person must have a picture I.D. and be on your child's release form.

Designated pick up and drop off sites have been arranged. Please make every effort to get your child on and off at their designated areas. Bus drivers are not allowed to stop at places other than approved designated areas.

Please refrain from smoking while waiting with and for your child.

No profanity or unlawful conduct at the bus stop while loading and unloading the children. A violation of this may result in your child not being able to ride the bus. The main priority as the driver is to ensure your child's safety. I would like to thank you for helping to ensure your child's safety by following the above rules.

# **HEALTH NEWS**

All physicals must be turned in by the 30th day your child starts school. Dentals need to be obtained as soon as possible. I will call and send reminder letters of any health matters that need to be addressed. If your child has had any event that I request that means I do not have any record. Please call me and let me know where the physical, dental, or shots were done so I can get a record. Flu vaccines are strongly recommended for all children age 6 months and over. They are usually given in the month of October. Please call your doctor or the health department for appointments. Please call me with any questions pertaining to any health matter of your child at 740-354-3333 extension 233. Thank you very much for your cooperation.

Brenda Haynes RN Health Services Manager