

# SCHOOL FAMILY NEWSLETTER



**FEBRUARY 2024**

## FATHERS IN FEBRUARY

Father figures come and have dinner and do an activity with your child. Jared Timberlake and Brady Reynolds CAO Fatherhood Program Specialist will be here to engage.

**Thursday February 29, 2024 5:30pm.  
At Highland Head Start.**



(Mom's we are having some activities for you in March and May)

### EARLY POSITIVE FATHER INVOLVEMENT...

### LEADS TO...

- Spending time together
- Lending emotional support
- Giving everyday assistance.
- Monitoring children's behavior
- Using non-coercive discipline
- Providing clear boundaries and expectations
- Greater academic success
- More positive social behavior
- Fewer conduct problems
- Better self-esteem
- Lower levels of depression
- Reduced contact with juvenile justice system

# CAO CONNECTION DENTAL

How can Scioto County Community Action help you? Come find out at The CAO Connection. Scioto County Community Action WIC, HEAP, Weatherization, Workforce, and Head Start will be available with resources. We will provide the community with dental kits and information (children coats and shoes will be available).

February 16th 10:00am-2:00pm at Highland.  
1511 Hutchins Street. Portsmouth, Ohio  
**Resources/ Light Lunch/ Free Dental Kits**



# CONSCIOUS DISCIPLINE SCHOOL FAMILY NIGHT- POWER OF PERCEPTION

Safe Place Self-Regulation Center

**Power of Perception**



**BIG IDEA: No one can make you angry without your permission. GOAL: To teach adults and children to take responsibility for our own upset.**

Join us February 15, 2024  
5:00pm at Highland.  
Come and connect with us. Conscious Discipline style. We will talk about the Power of Perception and the Skill of Composure.



# POLICY COUNCIL

February Policy Council Meeting  
will be Monday, February 26, 2024  
5:00pm at Highland.  
If you are interested in joining call  
740-354-3333 Ext. 240.



# COMMUNITY BABY SHOWER

**A Community Baby Shower!**

**THURSDAY, February 29<sup>th</sup>, 2024**  
1:00 PM UNTIL 3:00 PM

**Location:**  
The Scioto County Welcome Center  
342 2<sup>nd</sup> Street  
Portsmouth, Ohio  
For More Details Call:  
740-354-7545

**THERE WILL BE RAFFLES & PRIZES & LOTS OF FUN!**

**MEET OUR COMMUNITY PARTNERS**

EHS, HS, WIC, BCCP, PHP, COAD, Dad's Matter, Family Strong, KDMC, SOMC, Help Me Grow, Compass Community Health, Valley View, Safe Babies Court, CRADLE, CareSource, SEARCH, Brightview, AmeriHealth Carita, PGHD, SCHD, SCJ&FS, Workforce Solution, SCBDD, SMH, Molina, Portsmouth Public Library, Aspire, HEAP, The Counseling Center, SEOLS, The Carousel Center, AAA7, Buckeye Health, New Vision, Path Integrated Health, Easter Seals, Salvation Army

*Helping People. Changing Lives.*  
**community Action**  
Organization of Scioto County, Inc.

*Ohio Bubbly Bakes!*

# PRESIDENTS DAY

No School February, 19



# KINDERGARTEN TRANSITION



To prepare for kindergarten, children need to be supported and nurtured in all areas of development. It is also important that your child is physically, socially and emotionally ready to participate in school. This list can serve as a guide as you and your child prepare for the exciting transition to kindergarten!

**Can your child separate from primary caregiver without anxiety?**

**Use self-control?**

- Keeping hands to self
- Sharing and taking turns
- Cooperating and playing with other children
- Using classroom supplies appropriately



**Cooperate with adults and authority figures?**

- Following directions
- Communicating needs effectively

**Demonstrate self-help skills?**

- Using the restroom independently
- Putting on and zipping own coat
- Tying shoes



**Use classroom tools and toys efficiently?**

- Cutting with scissors
- Holding and using a pencil, crayon or marker
- Building with blocks or Legos

**Express self-awareness in a variety of ways?**

- Knowing first and last name.
- Writing first name.
- Naming the letters in first name.
- Knowing name of primary caregiver(s)



# COMMUNITY EVENTS

Children ages 12 & under are welcome to join us at the Bookmobile on Wednesday, February 7th from 10am-12pm at Highland Head Start for a special story time collaborations with the “Cool Kids Read” program through Kiwanis Club.

This will be an interactive story time featuring the Lebron James’ picture book, “I Promise” as well as challenges and activities to help your kiddos learn how to strive for Greatness everyday.

STORYTIME FOR AGES 12 & UNDER

## STRIVE FOR GREATNESS!



**JOIN US AT ALL LIBRARY LOCATIONS!**

A SPECIAL COLLABORATION WITH THE “COOL KIDS READ” PROGRAM THROUGH KIWANIS CLUB

★★★★★

STORYTIMES FEATURING THE LEBRON JAMES’ PICTURE BOOK, “I PROMISE” AS WELL AS CHALLENGES AND ACTIVITIES TO HELP YOUR KIDDOS LEARN HOW TO STRIVE FOR GREATNESS EVERYDAY!

PORTSMOUTH LIBRARY - FEBRUARY 6TH AT 6PM  
BOOKMOBILE- FEBRUARY 7TH AT HIGHLAND HEADSTART  
NEW BOSTON LIBRARY - FEBRUARY 15TH AT 4:30PM  
WHEELERSBURG LIBRARY - FEBRUARY 20TH AT 6PM  
LUCASVILLE LIBRARY - FEBRUARY 23RD AT 4PM  
SOUTH WEBSTER LIBRARY - FEBRUARY 27TH AT 4PM



**FAMILY STORYTIME**  
EVERY FRIDAY  
AT 11:30 A.M.  
FEB. 2ND - APR. 12TH  
AGES 6 & UNDER



New Boston Library

## LUCASVILLE LIBRARY

### LEGO FUN

Ages 12 and under



**Come build your own fun!**

**Second Friday of the Month**  
**4:00 p.m.**

For more information  
or to register  
call 740-259-6119  
registration is not required but appreciated



# FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 HS Homebase 11:00am	3
4	5	6	7	8	9	10
11	12	13	14	15 Conscious Discipline Parent Night 5:00pm	16 CAO Connection Dental 10am-2pm EHS Socialization 10:00am HS Socialization	17
18	19 <b>No School</b> President's Day	20	21	22	23	24
25 Policy Council Meeting 5:00pm	26	27	28	29 EHS School Family Meeting/ Social 11:00am Fathers in February 5:30pm-7:00pm		

**Project R.E.A.D.**

**In-Kind Form**

For parents and children

Program Year 2023-2024

<b>Child's Name:</b>	<b>Teacher's Name</b>	<b>Month:</b>
<b>Parent's Name:</b>	<b>Center:</b>	

Project R.E.A.D. is reading books to your children. Writing them down on this form and turn it into your teacher.

**Books must be read by parents or guardians.**

- 1. Only 20 books per month.**
- 2. The same book can be counted up 3 times in one month.**
- 3. Completed form Free Book**

Parent Reading Book with Child	Title of Book	Author's Name	# of Pages
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			

**Office Use Only Totals**

Parents Signature: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Total # Hours	
Rate	\$
Grand Total	\$

# Fit Families

Program Year 2023-2024

## Dear Families

Head Start and Early Head Start are Focused on Family Wellness at our Center and in Homebase. We strive to promote wellness daily with our children. We would like to partner with you in accomplishing this goal at home.

Please list any movement or nutrition that your family does at home and turn it in with the Project Read form at the end of the month. Your family will be entered into the Fit Families drawing. Activities may include ( Walking, vacuuming, dancing or healthy cooking together, anything that promotes your family wellness).

There will be some suggestions and activities that will be listed in the monthly newsletter. As always you may call Carla Womack @ 740-354-3333 ext. 239 with questions or comments.

**Name of Activity**

**Amount of time taken**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Office Use Only Totals

Total Hour	X Rate	= In-kind