SCHOOL FAMILY NEWSLETTER



FEBRUARY 2024

FATHERS IN FEBRUARY

Father figures come and have dinner and do an activity with your child. Jared Timberlake and Brady Reynolds CAO Fatherhood Program Specialist will be here to engage.

Thursday February 29, 2024 5:30pm. At Highland Head Start.

(Mom's we are having some activities for you in March and May)



EARLY POSITIVE FATHER INVOLVEMENT...

- Spending time together
- Lending emotional support
- Giving everyday assistance.
- Monitoring children's behavior
- Using non-coercive discipline
- Providing clear boundaries and expectations

LEADS TO...

- Greater academic success
- More positive social behavior
- Fewer conduct problems
- Better self-esteem
- Lower levels of depression
- Reduced contact with juvenile justice system





CAO CONNECTION DENTAL

How can Scioto County Community Action help you? Come find out at The CAO Connection. Scioto County Community Action WIC, HEAP, Weatherization, Workforce, and Head Start will be available with resources. We will provide the community with dental kits and information (children coats and shoes will available).

February 16th 10:00am-2:00pm at Highland. 1511 Hutchins Street. Portsmouth, Ohio Resources/ Light Lunch/ Free Dental Kits



CONSCIOUS DISCIPLINE SCHOOL FAMILY NIGHT-POWER OF PERCEPTION

Safe Place Self-Regulation Center



Join us February 15, 2024 5:00pm at Highland. Come and connect with us. Conscious Discipline style. We will talk about the Power of Perception and the Skill of Composure.





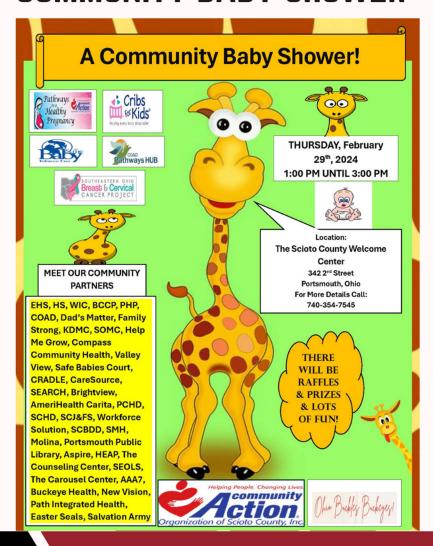
POLICY COUNCIL

February Policy Council Meeting will be Monday, February 26, 2024 5:00pm at Highland.

If you are interested in joining call 740-354-3333 Ext. 240.



COMMUNITY BABY SHOWER



PRESIDENTS DAY

No School February, 19





KINDERGARTEN TRANSITION





To prepare for kindergarten, children need to be supported and nurtured in all areas of development. It is also important that your child is physically, socially and emotionally ready to participate in school. This list can serve as a guide as you and your child prepare for the exciting transition to kindergarten!

Can your child separate from primary caregiver without anxiety?

Use self-control?

- ·Keeping hands to self
- Sharing and taking turns
- ·Cooperating and playing with other children
- ·Using classroom supplies appropriately



Demonstrate self-help skills?
Using the restroom independently
Putting on and zipping own coat
Tying shoes



Cooperate with adults and authority figures?

- ·Following directions
- ·Communicating needs effectively



Use classroom tools and toys efficiently? Cutting with scissors Holding and using a pencil, crayon or marker Building with blocks or Legos



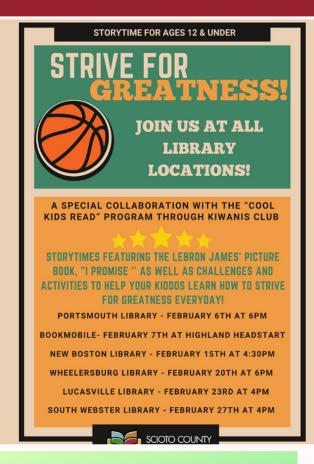
Express self-awareness in a variety of ways? Knowing first and last name. Writing first name. Naming the letters in first name. Knowing name of primary caregiver(s)



COMMUNITY EVENTS

Children ages 12 & under are welcome to join us at the Bookmobile on Wednesday, February 7th from 10am-12pm at Highland Head Start for a special story time collaborations with the "Cool Kids Read" program through Kiwanis Club.

This will be an interactive story time featuring the Lebron James' picture book, "I Promise" as well as challenges and activities to help your kiddos learn how to strive for Greatness everyday.









Saturday	E	0	11	24	
Friday	2 HS Homebase 11:00am	6	15 CAO Connection ¹⁶ Dental 10am-2pm t EHS Socialization 10:00am HS Socialization	23	
Thursday	_	∞	Conscious Discipline Parent Night 5:00pm	22	29 EHS School Family Meeting/ Social 11:00am Fathers in February 5:30pm-7:00pm
Wednesday Thursday			4	21	28
Tuesday		9	13	20	27
Monday		5	12	No School President's Day	26 Policy Council Meeting 5:00pm
Sunday		4	11	<u>8</u>	25

Project R.E.A.D. **In-Kind Form**

For parents and children Program Year 2023-2024

Child's Name:	Teacher's Name	Month:
Parent's Name:	Center:	

Project R.E.A.D. is reading books to your children. Writing them down on this form and turn it into your teacher.

Books must be read by parents or guardians.

- 1. Only 20 books per month.
- 2. The same book can be counted up 3 times in one month.

Staff Signature:____

3. Completed form Free Book			
Parent Reading Book with Child	Title of Book	Author's Name	# of Pages
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17			
18.			
19.			
20			
		Of	ffice Use Only Totals
Parents Signature;		Total # Ho	ours
		F	Rate \$

Grand Total \$

Fit Families

Program Year 2023-2024

Dear Families

Head Start and Early Head Start are Focused on Family Wellness at our Center and in Homebase. We strive to promote wellness daily with our children. We would like to partner with you in accomplishing this goal at home.

Please list any movement or nutrition that your family does at home and turn it in with the Project Read form at the end of the month. Your family will be entered into the Fit Families drawing. Activates may include (Walking, vacuuming, dancing or healthy cooking together, anything that promotes your family wellness).

There will be some suggestions and activities that will be listed in the monthly newsletter. As always you may call Carla Womack @ 740-354-3333 ext. 239 with questions or comments.

Name of Activity	Amount of time taken		
L			
.5			
Parent Signature:	Staff Signature:		
	Total Hour V Pato - In kind		

Office Use Only Totals